



ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ
ਮਹਾਰਾਜ ਦੇ
ਪ੍ਰਕਾਸ਼ ਉਤਸ਼ਾਹ
ਦੀ
ਲੱਖ ਲੱਖ ਵਧਾਈ ਹੋਵੇ

SIKH MISSIONARY SOCIETY U.K.

8-10 Featherstone Road, Southall, Middlesex, UB2 5AA

Tel: 020 8574 1902 (Fax) : 020-8574-1912

E-mail: info@sikhmissionarysociety.org

Web: <http://www.sikhmissionarysociety.org>

To
K S CHANA & FAMILY

ਅਕਾਲ ਪੁਰਖ
ਆਪ ਜੀ ਨੂੰ ਆਨੰਦ, ਖੇਡੇ
ਅਤੇ ਪ੍ਰਭੂ ਪ੍ਰੇਮ ਦਾ ਜੀਵਨ
ਬਖਸ਼ਿਸ਼ ਕਰਨ

*May God bless you
a long & joyful life
filled with transcendental Meditation*

FROM

H S CHANA & FAMILY

THE SIKH CULTURE

Sikhism is a socio-spiritual religion. It is a dynamic way of life. Cardinal principles of Sikhism present this aspect of Sikhism in succinct form. Some cardinal principles are as follows:-

KIRAT KARNĀ (Honest earning):- The first and the foremost commitment of a Sikh to his faith is honest earning. A Sikh can not earn his living by cheating, stealing, begging, smuggling, corruption or any other dishonest or unlawful means or by trading in un-Sikh like business (sale of drugs, tobacco products etc.).

VAND CHHAKNĀ (Sharing with the others):- It is obligatory for a Sikh to share his/her earnings and the other belongings with others. Every Sikh must contribute *Daswandh* (tithe) of one's earnings for the welfare of the Sikh *Panth* (the Sikh nation), for the propagation of the Sikh religion, welfare of humanity.

NĀM JAPNĀ (Reciting hymns in the praise of Waheguru/Almighty):- In Sikhism, *Nām Simran* (remembering *Waheguru*) is obligatory. Besides reciting *Nitnem*, a Sikh must always remember the Almighty all the time. Before beginning one's daily routine, before eating, before retiring into bed, a Sikh must meditate upon the Name of the Almighty and thank Him for blessing the human beings with His Gifts. Besides, during the whole of the day, while performing one's routine job(s), a Sikh should keep in his mind the Name of the Almighty.

DEFEND HUMAN RIGHTS:- It is sacred duty of a Sikh to defend the poor, the weak and the oppressed. A Sikh must not allow injustice or tyranny prevail in any form or at any place. A Sikh should endeavour to defend the human rights of every being to the extent of feasibility. A Sikh should never be a silent spectator to cruelty, injustice, tyranny, terror, inhuman activities etc.

BHĀNĀ MANNANĀ (Bow Before His Will):- A Sikh is not a fatalist but he does not grudge against occurrence of any disturbing event. For a Sikh joy and sorrow are two dresses, to be changed frequently. A Sikh has to strive for better, but, in case a change is not possible at a particular moment, one must accept every situation with a smile.

ALL THE BLESSING IS HIS GRACE:- A Sikh must always thank the Almighty for all He has blessed human beings with. A Sikh must believe in His Grace and that He grants us every thing as. He takes care of every human being alike. One can not get any thing in this universe without His Grace. A Sikh must have complete faith in Him.

CHARDĪ KALĀ:- A Sikh must always live in *Charhdī Kalā* (Sikh concept of Euphoria). A Sikh must always see the bright side of the life, a better tomorrow. But all this can be achieved through *Nām Simran* which gives a Sikh *Charhdī Kalā* because it is only His Name which is the "*Charhdī Kalā*."